Milestones and Moving On

Learning goals:

Mentors will understand that “endings” are not failures but a natural aspect of the seasons of life.

Mentors will begin to think creatively about how they can effectively commemorate the end of their mentoring relationships.

Schedule of events:

6:00-6:10 Each participant signs in, gets a notecard, nametag (depending on the size of the group), food/drink, and a seat. Small talk and get to know the group for a few minutes while everyone gets settled.

6:10-6:20 Everyone introduces themselves, where they’re mentoring, and a little bit about their experience so far. Then, everyone in the group shares about a time when they had to move on or leave a place/person/opportunity.

6:20-6:25 Watch the scene with Rafiki and Simba and ask participants to answer the following questions: What is preventing Simba from living into his full potential? How does Rafiki facilitate an “ending” for Simba?

6:25-6:35 Facilitator writes the responses onto a big post it note and initiates a conversation about the responses. Take notes while people are talking and make connections/observations throughout the conversation.

6:35-6:55 Facilitator asks how the mentors could help their mentees process and move on from the mentoring relationship when it is time to bring closure. Some examples may include: a scrapbook, the culmination of a long-term project, and a framed photo. Take note of each generated idea.

6:55 Conclude the event, give mentors the handout for the night and leave some room for goodbyes and final thoughts. Some mentors may have additional questions for continued conversation after the event has finished. Be sure to send a thank you email and attach all notes from the event.